

Spark App Registration Guide

For organisation users and individual consumers



Use this guide to install the Spark App and register either as an organisation user or as an individual consumer.

Which route should I follow?

Organisation user

- Use this route if your employer or organisation invited you.
- You will need the organisation ID provided by your admin.
- Complete all steps, including Step 9.

Consumer user

- Use this route if you are registering independently.
- You do not need an organisation ID.
- At the organisation screen, choose the individual or consumer option, then skip Step 9.

Before you start

Phone ready

Connected to the internet

Email access

Needed for account recovery

Organisation ID

Only required for organisation users

Step-by-step registration

Follow the steps in order. Where a step applies only to organisation users, it is clearly marked.

1



Find the Spark App

Scan the QR code or use the relevant store link for your device.

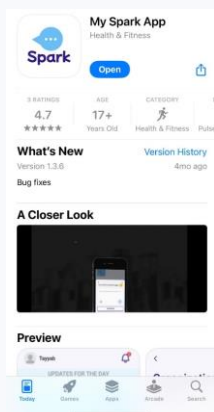
All users

Google Play: [Open link](#)

Apple App Store: [Open link](#)

Spark download page: [Open link](#)

2

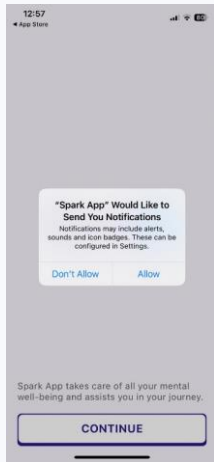


Download and open

Install the app, then tap Open. The app icon will also be available on your phone.

All users

3



Set notification preference

Choose whether to allow notifications. These can support reminders, prompts and engagement updates.

[All users](#)

4

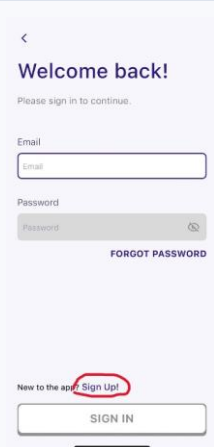


Review or skip the introduction

Read the short app overview, or tap Skip to move straight to registration.

[All users](#)

5



Choose Sign Up

Tap Sign Up if this is your first time using Spark. Use Sign In only after your account has been created.

[All users](#)

6



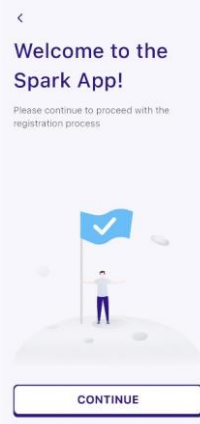
Confirm you are over 18

Enter your date of birth to confirm you meet the age requirement.

All users

Note: Spark requires users to be over 18 because of the app content.

7



Continue registration

Tap Continue to proceed with account setup.

All users

8



Choose your user type

Organisation users should select the organisation invitation option. Consumer users should select the individual or consumer option.

All users

Note: Consumer users do not need an organisation ID.

9

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Please enter your Organization ID

This shall help you get continuous access to your profile

My organization ID:

1339

CONTINUE

Enter organisation ID

If you are an organisation user, enter the organisation ID provided by your admin. Consumer users should skip this step and continue with the individual registration path.

Organisation users only

10

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Sign Up!

Please provide your information to complete your registration

Email

Email

Password

Password

- Should have UPPERCASE
- Should have Special Characters "!" "@" etc.
- Should have Lowercase
- Should have a Number

I'm already a user? Sign in here

By continuing, you agree to the terms and conditions and usage policy.

SIGN UP!

Create your login details

Enter your email address and create a password that meets the on-screen criteria. Use an email account you can access for password resets.

All users

Need help?

If you cannot complete registration, email info@sparkyourhealth.co.uk. Organisation users should also contact their admin if they do not have an organisation ID.